**:30 Radio Spot**

11/2022

When you are betting and find yourself constantly thinking about gambling… and you are losing more money than you have… *are you really winning?*

If you are spending too much time with the slots…or you can’t stop betting on sports… and you find yourself feeling overwhelmed… maybe lying… hiding your habit… *and probably losing more money than you can afford to lose…*

You are not alone and you *can* get help. It’s available 24/7 and it’s confidential.

When your betting has gotten out of hand, call 1.800.GAMBLER, or visit [www.areyoureallywinning.com](http://www.areyoureallywinning.com).

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