

**CAN'T  
STOP  
BETTING  
NONSTOP?**



ILG6935

## Know the Signs & Symptoms

- Have you ever felt restless, on edge or irritable when trying to stop or cut down on gambling?
- Have you tried to ask other people for money to help deal with financial problems caused by gambling?
- Have you tried to hide how much you have gambled from your family or friends?

**YOU ARE NOT ALONE.  
WE CAN HELP.**

SPONSORED BY



**1.800.GAMBLER  
OR TEXT GAMB TO 833234**



**ALL CALLS ARE  
CONFIDENTIAL.  
24 HOURS A DAY,  
SEVEN DAYS A WEEK.**